



# SPA MENU

## Yawaragi Traditional Japanese Ritual

The signature course at Okura Spa.

In Japan there exists a culture of "listening to fragrances" passed down for 1,200 years. These fragrances bring the mind serenity and deep healing. This signature course unique to Okura Spa incorporates traditional Japanese massage techniques as well as agarwood, the most highly prized of all fragrant woods, letting you experience its profound fragrance. Experience the extraordinary with a soothing treatment that evokes Japan.

### Body Treatment

**Reservation required**

**Wayu** ·Foot bath and showers included

**90 min. ¥46,000**

**A treatment that lets you experience traditional Japanese culture and the bounty of nature.**

First, the serene scent of agarwood gently frees the mind from the hustle and bustle of everyday life. Gently unwind with warm natural stones followed by a body wrap made with sake lees, an ingredient in Japanese cuisine registered as Intangible Cultural Heritage by UNESCO. Moisturize and condition the skin with this form of skin care passed down over generations in Japan. The heartfelt massage techniques of the therapist create a moment of peace and tranquility.

**Waso** ·Foot bath and showers included

**90 min. ¥46,000**

**A traditional natural treatment that incorporates natural ingredients that epitomize Japan.**

First, the serene scent of agarwood gently frees the mind from the hustle and bustle of everyday life. Gently unwind on hot natural stones, then exfoliate with a gentle gommage treatment using rice bran, a natural Japanese ingredient, that leaves skin clean and silky, while rice oil provides a pleasant finish. The treatment ends with a head massage that creates a lingering sense of comfort and tranquility.





## Nukumori Hot Treatment

For those seeking a boost in energy and vitality.

With its wealth of flora, Japan is a treasure trove of medicinal herbs. Since the Heian period, people have made medicine balls and used different medicinal herbs in their daily lives. These two hot relaxation treatments incorporate Okura Spa's original blend of Japanese herb balls as well as natural stones so you can fully enjoy the bounty of Japanese botanicals. Experience a moment of tranquility as a pleasant warmth envelops you.

### Body Treatment

**Reservation required**

**Waon** Foot bath included

**90 min. ¥48,500**

**This treatment uses Japanese herb balls to envelop you in fragrant botanicals.**

A hot treatment using a special blend of fragrant Japanese herbs inspired by Okura Spa. The gentle fragrance of botanicals promotes deep breathing as a pleasant warmth envelops your entire body. Experience a rich and tranquil time of relaxation.

**Wadan** Foot bath included

**90 min. ¥48,500**

**This hot stone treatment surrounds you in the warmth of natural stones and the scent of essential oils.**

The warmth of heated basalt and the gentle fragrance of Japanese essential oils that surround you create a moment of profound relaxation. A pleasant warmth envelops your entire body, creating time spent in relaxation and tranquility. Surrender yourself to the warmth of this relaxation treatment.





## Yasuragi Japanese Essential Oil Treatment

For those seeking relaxation of the body and mind.

This aroma oil treatment uses Japanese essential oils in harmony with the cycles of nature, such as the phases of the moon and the changes of the seasons, as well as the concept of yin and yang and the five elements. Heian aristocrats enjoyed arranging aromas, which they showed off in their original incense pastilles. This is handed down to this day in the six traditional incense fragrances in Japan. Drawing from the ancient fragrance names, enjoy a tranquil moment crafted with care by our therapists using a blend of delicate Japanese essential oils extracted from plants grown in the nature of Japan along with powerful Western essential oils from overseas.

### Body Treatment

**Kaori** Foot bath included

60 min. ¥31,000 / 75 min. ¥38,000

90 min. ¥41,000 / 120 min. ¥53,000

**Fragrances that evoke the nature of Japan  
and the hospitality of the therapist guide you to serenity.**

Three essential oils will be selected for the day, chosen based on the season, yin and yang and the five elements, and the phases of the moon. Choose a fragrance based on your mood and intuition that day. Your therapist will suggest the most suitable carrier oil for you. With treatments tailored to your wishes, we offer a time of serenity just for you.

**Spring** / Baika: Japanese Lavender (Hokkaido)

+ Western Damascus Rose: An Elegant Floral Fragrance

**Summer** / Kayo: Japanese Lemon (Hiroshima)

+ Western Ravintsara: A Light, Refreshing Green Citrus Fragrance

**Fall** / Kikka: Japanese Yuzu (Ehime)

+ Western Roman Chamomile: A Refreshing and Sweet Fruity Citrus Fragrance

**Winter** / Rakuyo: Japanese Ginger (Kochi)

+ Western Juniper: A Crisp, Spicy Fragrance

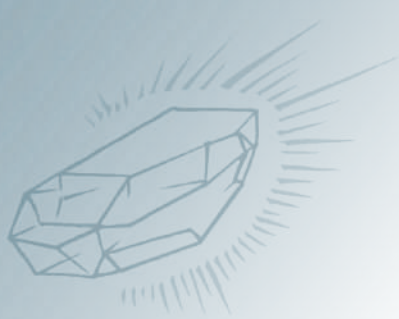
**The Cusp of Spring and Summer** / Jiju: Japanese Cypress (Fukushima)

+ Western Neroli I: A Deep Oriental Green Fragrance

**The Cusp of Fall and Winter** / Kurobo: Japanese Peppermint (Hokkaido)

+ Western Eucalyptus: A Cool Green and Woody Fragrance





## Kagayaki Facial Treatment

For those seeking a more beautiful complexion.

Orlane is a pioneering brand with a history of leading the world in research on aging care. We offer special programs that combine a unique beauty philosophy with expertise in beauty treatments to help women who wish to remain beautiful as they age. Annayake is a skincare brand created through joint development by Japan and France. We propose a fusion of Eastern and Western beauty, utilizing traditional Japanese materials such as bamboo, yuzu, and camellia.

🌿 Aging care: Skincare based on age

### Facial Treatment

#### ORLANE

##### Orlane Royal Treatment

90 min. ¥60,000

For those seeking healthy, vibrant skin as they age.

A luxury treatment course using the Royale line. The sophisticated radiance of royal jelly and pure 24-carat gold will make this a special moment. Experience this moment of bliss for yourself.

##### Orlane B21 Treatment

75 min. ¥46,000

For those concerned about aging.

A course that uses B21, a product loved around the world. For those who wish to bring out the beauty of their complexion. Experience time spent in luxury.

#### ANNAYAKE

##### Annayake Facial Treatment

60 min. ¥33,000 / 90 min. ¥43,700

For those looking to gently condition their skin.

Annayake is the sister brand of Orlane. We offer unique treatments tailored to each individual's condition. A treatment available only at Okura Spa in Japan.

### Body Treatment

##### Annayake Body Treatment with Foot Bath

60 min. ¥31,000

For those who want the luster and shine of the body skin with cosmetic oils.

You can choose from two scents depending on your mood on the day.

- Fresh "Bamboo (scent only for Okura Spa)" recommended for summer
- Elegant "white flower" recommended for winter





## Totonoe Thalassotherapy Treatment

For those who wish to experience a treatment  
that harnesses the power of the sea.

The power lurking in the sea, the origin of life on Earth. This Thalasso Relaxation Treatment harnesses the essence of the sea with professional products developed in Brittany, France, the birthplace of thalassotherapy, which utilizes both modern technology and the natural.

### Body Treatment

**Michishio** Foot bath included 60 min. ¥33,000 / 90 min. ¥48,500

For those seeking treatment that focuses on the body line.

A modelage treatment that combines hand massage and specialized tools. This Thalasso Relaxation Treatment uses tools selected for each guest to harness the power of the sea.

**Hikishio** Foot bath included 60 min. ¥33,000 / 90 min. ¥48,500

A body treatment that uses natural scrubs and marine minerals.

This refreshing treatment lets you experience the pleasant exfoliation of a sugar and marine salt scrub. The marine mineral oil inspired by the sea helps create a special time just for you, leaving you reinvigorated.

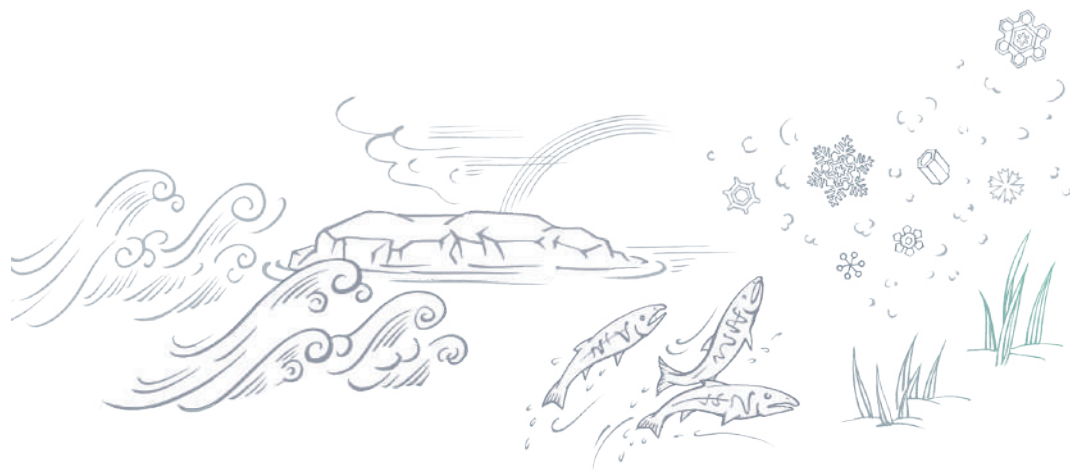
A course that combines Michishio and Hikishio. 120 min. ¥56,000

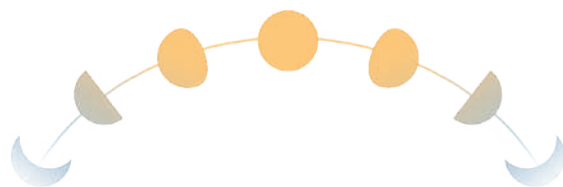
### Reservations required

**Enveloppement Body Wrap** Foot bath and shower included 60 min. ¥33,000

A clarifying body pack made with seaweed.

Seaweed-derived minerals prevent dryness and hydrate the skin. Feel as refreshed as if you were in the sea as you experience a moment of pleasure you'll only experience at a spa.





## ~Options~

- ☂ Cannot be used individually
- ☂ Optional items are not eligible for discounts.

- Short Facial Annayake/Waraku ..... 30 min. ¥18,500
- Short Body Treatment ..... 30 min. ¥16,500
- Head Massage ..... 15 min. ¥7,500
- Eye Care Treatment ..... 15 min. ¥11,500
- Body Scrub ..... 15 min. per part ¥8,500
- Foot Reflexology ..... 30 min. ¥12,500
- Hand Reflexology ..... 30 min. ¥12,500
- Mineral Aroma Mud Mask (Dead Sea) ..... 15 min. ¥13,500
- Boue Marine de Guerande (Guerande Sea Mud Pack) ..... 30 min. per part ¥10,000

## ~Combinations~

- ☂ Cannot be combined with other discounts.

### Facial & Body

- Relax ..... 180 min. ¥84,100  
(Body/OP Scrub 30 min., Kaori 60 min.) (Face/Annayake 90 min.)
- Lumiere ..... 150 min. ¥75,000  
(Body/Waon 60 min., Kaori 60 min.) (Face/Short Facial 30 min.)
- Recharge ..... 120 min. ¥59,800  
(Body/Kaori 60 min.) (Face/Annayake 60 min.)
- Reborn ..... 120 min. ¥57,800  
(Body/Wadan 30 min., Kaori 60 min.) (Face/OP Eye Care 15 min., OP Head Massage 15 min.)
- Refresh ..... 105 min. ¥53,800  
(Body/OP Short Body Treatment 30min.) (Face/Orlane B21 75 min.)

