

October 11, 2022

«The Okura Tokyo»
Okura Fitness & Spa
Earns the 1st Place Crystal Award 2022, is Named the “Top Spa of Japan”

TOKYO, Japan Oct. 11, 2022 –Okura Fitness & Spa operated by The Okura Tokyo was selected on September 26, 2022, as the “Top Spa of Japan” at the Crystal Award 2022, which decides the top spas in Japan.

Okura Fitness & Spa, which opened in 2019, has been named a “Top 10 Spa of Japan” at the Crystal Award every year since 2020, and has earned the top honor in its third year of operation.

■What is the Crystal Award?

The Crystal Award is the only spa award in Japan co-sponsored by Spa & Wellness Japan and Conceptasia Management and Consulting Ltd. Spa users and spa journalists cast their votes for the “Top 10 Spa of Japan” from among roughly 130 spas selected by industry experts throughout the country, with the spa receiving the most votes earning the 1st place and the title of “Top Spa of Japan”.



■About Okura Fitness & Spa

Located on the 27th floor of The Okura Prestige Tower, Okura Fitness & Spa boasts a total of seven treatment rooms that offer panoramic views of the Tokyo cityscape. Five different facial and body courses are available, based on the philosophy of the “Five Elements”, an ancient Eastern philosophy that everything is made up of five elements: Wood, Fire, Earth, Metal, and Water. Okura Fitness & Spa is also the first spa in Japan to offer ANNAYAKE, which combines Japanese and Western ideas and features products derived from natural ingredients.

■About The Okura Tokyo

Opened in September 2019, The Okura Tokyo is the Okura Group’s flagship luxury brand hotel. The hotel consists of two buildings: The Okura Heritage Wing, a 17-story tower enveloped in an air of elegance and tranquility, and The Okura Prestige Tower, a 41-story tower that meets modern-day needs for dynamism and functionality while also maintaining a uniquely Japanese accent. There are a total of 508 guestrooms in the hotel, and it is home to five restaurants offering a range of Japanese cuisine, including "Yamazato", offering fine Japanese dining, and "Sazanka", serving teppanyaki. There are additionally two bars, a tea ceremony room, 19 banquet rooms including the Heian Room (area approx. 2,000 m²), and the Okura Fitness & Spa facility.

Official Website: <https://theokuratokyo.jp/en/>

Okura Fitness & Spa: https://theokuratokyo.jp/en/experience/fitness_spa/

Official Instagram Account: <https://www.instagram.com/theokuratokyo/>

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